



# Fiesta Sports Coaching



## Code of Practice

- Coaches should respect and champion the rights of every individual to participate in sport and physical activity.
- We take Safeguarding very seriously- if a coach suspects that there is a safeguarding issue, it is their responsibility to inform the designated safeguarding lead within the school or workplace as soon as possible.
- Coaches should develop a positive professional relationship with their participants (and others) based on openness, honesty, mutual trust and respect.
- Coaches must demonstrate proper personal behaviour and conduct at all times.
- To maximise the benefits and minimise the risk to participants, coaches must attain an appropriate level of competence through qualifications and a commitment to ongoing training (CPD) to ensure safe and correct practice.
- The safety of our participants is vital. Coaches must check the safety and appropriateness of the area to undertake physical activity including apparatus (e.g. are goals properly secured?) and that the participants are OK to take part.

## Expectations

- Turn up 15 minutes before your session starts to get set up and ready for the children. If it's your first time at a new school, try to arrive 30mins beforehand so you can check the facilities, make yourself aware of fire procedures, introduce yourself to staff etc. Fiesta Sports Coaching will provide you with a check list.
- Mobile phones - Even though all coaches should carry a mobile in case of emergencies they should never be out in sessions! Make sure you have a watch for timing games.
- Kit - Looking the part is important you will be provided with training kit and it is expected you wear it to every session.
- Equipment - Everything from bibs to balls your whistle & first aid kit having the right gear on you is important and your responsibility.
- Planning - Plan all sessions so they meet the needs of your participants and are progressive and appropriate. Keep records of your sessions for future use and self-analysis.
- Level of activity - The balance of this is the difference between a good coach & a great one. High levels of activity, less talking more doing. The pace of your sessions is crucial.
- **Registers- For afterschool/ holiday clubs, players should be signed in and out using a register. The coach is responsible for the supervision of all players until they are 'handed over' to parents or guardians.**
- Be an advocate for Fiesta Sports Coaching!- maintain positive relationships with office, support staff and parents as they are crucial to the success of this company. We rely on positive word of mouth so leave a good impression whenever possible!

Signed Coach: \_\_\_\_\_ Print Coach Name: \_\_\_\_\_ Date: \_\_\_\_\_